# ITINERARY

## INTRODUCTORY MATERIAL
Oct 31 – Dec 12, 2023

The initial portion of the course is divided into units, each containing lecture material from your professors and requires your active participation groups reflection or discussion and practice quizzes.

1. Introduction to Study Tourgrimage
2. Introduction to the Theological Study of Spirituality
3. Panorama of Latin Church History
4. Martyrdom, Mendicancy ad Mysticism
5. Basics of Christian Art and Architecture
6. Learning Assessment

The virtual classroom used for the course’s online portion will remain open during January and February for reflection on the experience of being in Italy and for completion of course assignments.

## TRAVEL ITINERARY
Dec 21, 2023 – Jan 4, 2024

Please note that the itinerary is subject to change due to weather and possible closures.

Dec 20: Fly to Rome
Dec 21: Arrive to Baroque Rome
Dec 27: Renaissance Florence
Dec 28: Medieval Assisi
Jan 2: Early Christian Rome
Jan 5: Depart Rome

## DEC 20: FLY TO ROME
Depart from home for Italy for Rome Italy, making sure to be at the Domus Helena of the Franciscan Missionary Sisters of Mary before 3 pm (15.00) on Dec 21.

## DEC 21-26: BAROQUE ROME
We will begin our journey in Rome and consider its Baroque period with its mystical spirituality and grand changes in Christian art and architecture. We will ponder the importance of the Jesuits and the Carmelites, the Reformation, the Holy Office, Michelangelo, Bernini, and Caravaggio.

### Conferences
Lectio and Visio Divina, the Baroque period and spirituality, Bernini, Caravaggio, Michelangelo and the Sistine Chapel

### Visits
Santa Maria del Popolo
Santa Maria della Vittoria – Ecstasy of Santa Teresa de Avila
The Jesuit Church of Il Gesù
Basilica of San Pietro in Vaticano
Vatican Museums and Sistine Chapel
Ponte Sant’Angelo
San Francesco in Caravita
Celebrate Christmas Vigil with Pope Francesco

DEC 26-27: RENAISSANCE FLORENCE
We will then move to the Renaissance and take a day trip to Florence with its artistic and social grandeur. While there we will encounter the Medici family, Brunelleschi, Michelangelo, Fra Angelico, the Franciscans and Dominicans.

Conferences
The Renaissance period and spirituality, Art of Fra Angelico

Day trip to Florence
Santa Croce Church and Museum
Piazza della Signoria
Museum of San Marco
Church of Santa Maria Novella

DEC 28- JAN 1: MEDIEVAL ASSISI
Afterwards we will head to the Middle Ages and visit Assisi with its expressions of Mendicant Spirituality and its contribution to the changes in medieval artistic expression and hagiography. We will especially spend time with Francis, Clare, Cimabue, Giotto and the Della Robbia family.

Confernce
Franciscan Hagiographic Art

Visit
The co-Cathedrals of San Rufino and Santa Maria Maggiore
Piazza del Comune
Several Franciscan Shrines on the hill and in the valley
Optional Visit to Perugia o Spoleto

New Years Eve Celebration in the Piazza that young Francis partied in

JAN 2-4: EARLY CHRISTIAN ROME
We will then return to Rome and enter into the Christianity of Late Roman Antiquity. We will consider the importance of Peter, Constantine, Sebastian, Priscilla and the Christian martyrs to the development of Christian spiritualities.

Conferences
Cultural Goods of the Church and Art Restoration and on Early Christian Marian Devotion

Visit
Catacombs of Priscilla
Pantheon
Church of Santa Sabina (oldest crucifix)
Santa Croce in Gerusalemme (relics of the True Cross)
San Clemente, San Giovanni and Santa Maria Maggiore
Santa Maria in Trastevere
Festive Supper at Alle Fratte in Trastevere

JAN 5: DEPART ROME

We will conclude the study tourgrimage on the evening of Jan 4 with a Festive Supper. You will then be free to remain in Italy a few more days or return to your homes.

COURSE PROFESSOR
Dr. Gilberto Cavazos-González, OFM — Professor of Spirituality

GUEST SPEAKERS
Dr. Luigi Miranda — Archaeologist and Art Restorer
Dr. Fernando Harris — Archaeologist and Art Restorer
Stefano Cecchin – President of PAMI (Pontifical Academy of Mary, International)